



Heartland
Healthy
Neighborhoods



Coming together is a

BEGINNING

Keeping together is

PROGRESS

Working together is

SUCCESS.

- Henry Ford



Heartland Healthy Neighborhoods

will mobilize the community
to take action on **health
priorities** so that policy,
environment, and practice
influence a **culture shift
toward health and
wellness** for everyone in
Shawnee County.

Heartland Healthy
Neighborhoods

Complete Streets Work Group

► Goal

- Effective complete street design that accommodates users and modes of all types, to be defined as;
 - motorists
 - pedestrians including persons with mobility aids
 - bicyclists
 - motorcycles/scooters transit vehicles and riders
 - freight haulers
 - emergency responders
 - residents of all ages and abilities
- Facilities for each user and mode must be provided in a comprehensive, yet safe manner.



A photograph of a wide, paved street with a sidewalk, utility poles, and trees under a clear blue sky. The street is flanked by green grass and utility poles with power lines. In the background, there are trees and a building. The sky is clear and blue.

► Complete Street

17th Street from
Washburn to MacVicar

► Complete Street

17th Street from
Washburn to MacVicar





Safe Routes to School Study

- ▶ **Goal:**
 - ▶ Identify the barriers that children have walking safely to and from school.



Safe Routes to School Study

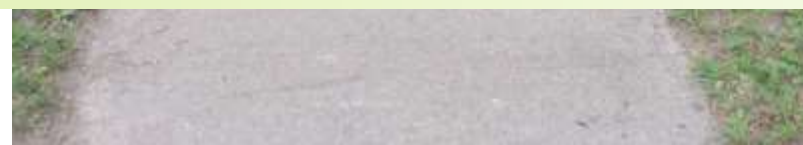


Walk Assessment Volunteers



► **Goal:**

Identify the barriers that children have walking safely to and from school.





We the People

Partnership of:

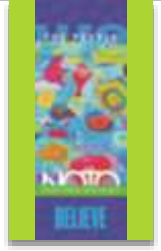
- Quincy School
- NOTO Arts Center
- Bloomerang Studios

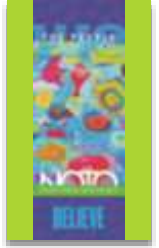
► Purpose:

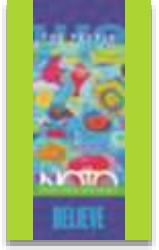
- Uses color, imagination and the 'marks' of Quincy students to create safer neighborhoods and building pride of ownership.

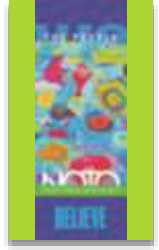
► Location:

- Banners hung along safe walking routes from schools and homes into the Arts District.

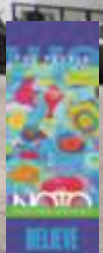






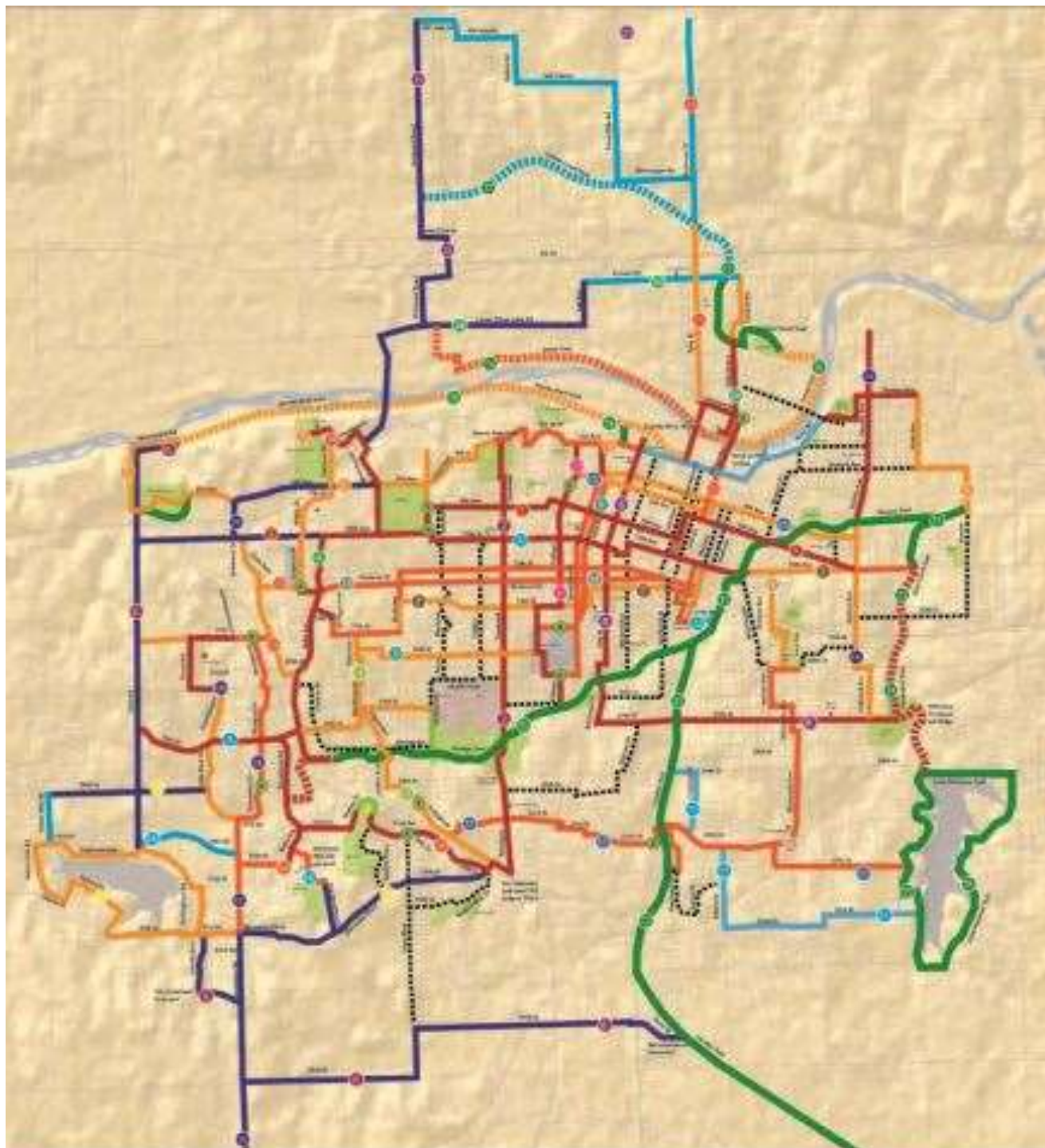








THE TOPEKA BIKEWAYS MASTER PLAN



Sequencing Concept

-  Phase One: 2012-2014
-  Phase Two: 2015-2017
-  Phase Three: 2018-2020
-  Phase Four: 2021-2023
-  Phase Five: 2024-2026



► **Bike Sharrow**

Near Advisors Excel



► **Bike Route**

Signage at 8th & Tyler

Promoting Education

Partnership:

- Topeka Bikeways
- City of Topeka
Collaboration



<iframe width="560" height="315"
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oziN6kbDrY?list=PLgeHEUuxNIFpcQ4GHG
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allowfullscreen></iframe>



**TOPEKA
COMMUNITY
CYCLE
PROJECT**

cycleproject.org

- Bike Safety Classes
- Open Shop
- Earn a Bike
- Bike Racks



**Bike
for
Discounts**

Bike for Discounts

Year-round community program to increase and promote daily physical activity and support Shawnee County businesses



▶ **Who:**

- ▶ WorkWell Shawnee County is a group of Shawnee County employers that meet monthly to explore ways to support the health of our employees.

▶ **What:**

- ▶ Partner businesses offer discounts to individuals who ride their bike to the establishment.
- ▶ Helmet is proof of riding.



Topeka Metro Bike
is the healthy, fun and
affordable way to
get around Topeka.



1

Reserve

Booking a bike

Find and reserve a bike using our mobile app, at topeka.socialbicycles.com in your browser, or on the bicycle itself.



2

Release

Unlocking Process

Enter your 4 digit PIN code to unlock the bike. Want to stop for coffee? Press the "HOLD" button and lock the bike to a rack. Just enter your 4-digit PIN to unlock and continue riding.

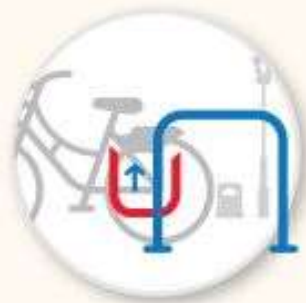


3

Ride

Enjoy your time!

If you notice a problem or have an issue with your bicycle, press the "REPAIR" button and then lock the bike to a rack. Remember to follow [these rules](#).



4

Return

It's easy!

To end your trip just lock your bike to a rack at a hub location. if you end your trip outside of a hub location you will be charged an additional fee.



1000!

Members by account:

- 418 annual members
- 157 monthly members
- 506 hourly users



TOPEKA
PEDESTRIAN
MASTER PLAN



Pedestrian Plan

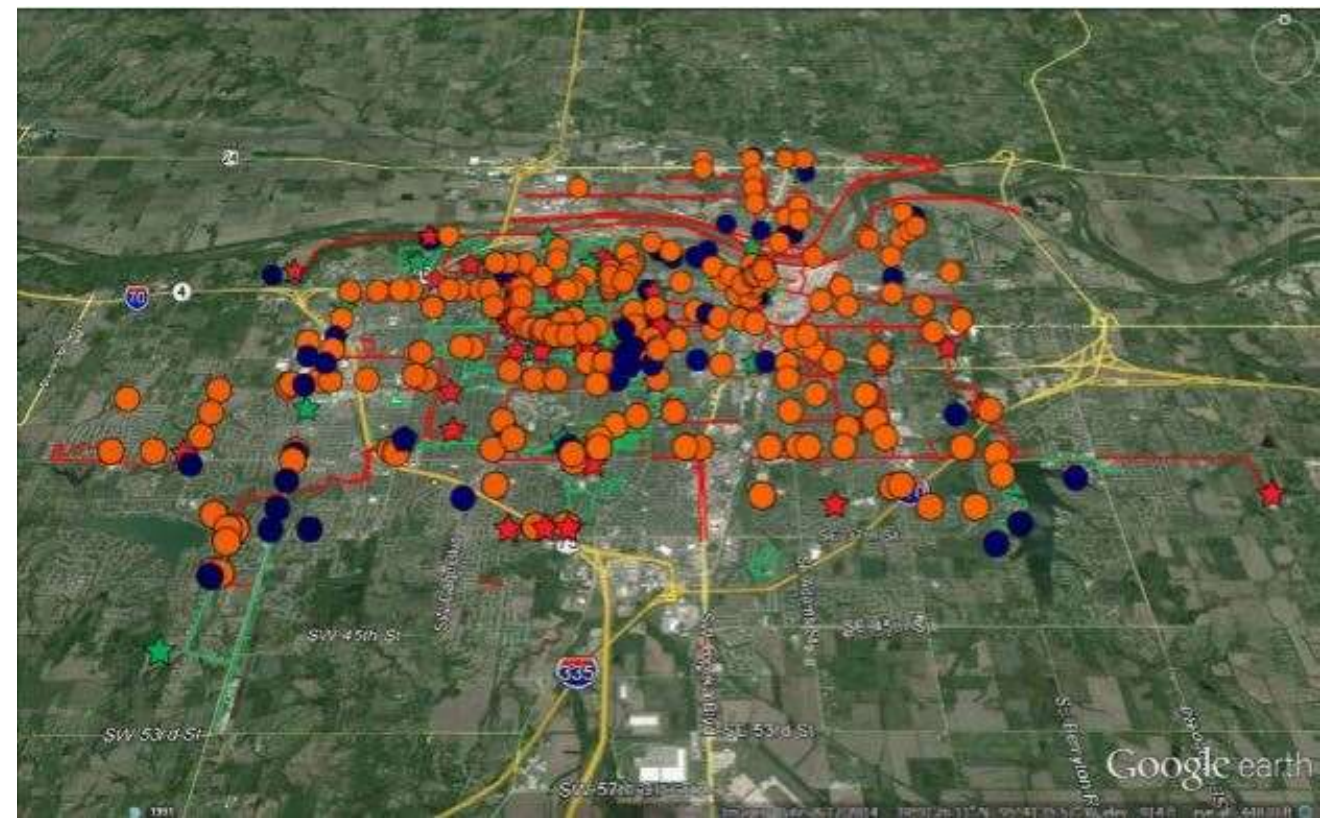
Provide guidance on how to solve problems within the pedestrian network.

► Objectives:

- Enhance community livability by creating convenient, safe and accessible walking/running passages
- Economic Development
- Promote a **Healthy Lifestyle** through exercise
- Create a walkable environment that accommodates both recreational and destination based mobility for all levels of users
- Create a comprehensive citywide walking network which analyzes sidewalks, side paths, and intersection crosswalks, as well as accessibility to buildings
- Enhance **Complete Streets** Policies



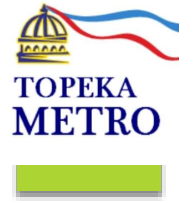
- LEGEND**
- ★ Place I like to walk to
 - Route I like to walk
 - ★ Place I would like to walk to
 - Route I would like to walk
 - Good Spot
 - Problem Spot



Topeka Pedestrian Master Plan WikiMap & Community Workshop Summary Report



TOPEKA METRO





386

to

metr

384

sportworks



- 1: Lyman Road across from the Cottages
- 2: Huntoon & Western
- 3: 17th & Fairlawn

◀ New bus stop near
21st & Fairlawn by
Topeka West
High School



New bus stop at 6th & Topeka Blvd ▶
with Bike Rack



“The riverfront development ties into the active transportation network because it will bring the attention to the park and trail development in north Topeka. With the work of Riverfront Authority, Shawnee County Parks and Rec, Great Overland Station, and other partners the plans for a riverfront park are underway. With the development of the levees with the Army Corps we will also receive a service road along the top of the levee that acts as a biking/walking path that will tie into the Shunga.) From the progress of the riverfront development Heartland Visioning, United Way, and other entities are collaborating to create attention to the river through a Fourth Friday Fitness series this summer with cardio and boot camp on the levees.”





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